



Holistic Wellness Centre

Community Wellness Workshops

Kinesiology for Kids

This is an introductory workshop that gives parents, carers and natural healthcare practitioners an understanding of kinesiology and the amazing positive changes it can bring about in children of all ages. Kinesiology for Kids is an interactive workshop with you practicing the kinesiology techniques.

You will learn:

- Simple exercises to improve coordination and help the learning process.
- The art of muscle testing to monitor change and anchor the corrections.
- To have an awareness of when your child is feeling “out of balance” and be able to apply simple techniques to help balance your child's energy.

Perceptive Vision

This is a workshop that offers simple exercises for the mind and body that have been shown to improve vision and eye health. Your visual perception of what happens around you forms the experiences in your life.

You will:

- Develop awareness that seeing clearly in life is more than a physiological experience and what it means to have good perceptive vision.
- Learn the art of muscle testing to monitor change and anchor the corrections.
- Learn various methods that have been successful in helping many people see more clearly at the physical, mental and emotional level.
- Understand how stress, emotional experiences, belief systems, nutrition and environmental support can affect your perception.

Eat Right Live Right

This workshop uses kinesiology to gauge individual stress responses to food, supplements and substances. It gives you very effective and powerful skills in your efforts to maintain good physical, mental and emotional health.

You will:

- Learn about food families and food combinations that raise your energy levels.
- Learn the art of muscle testing to monitor change and anchor the corrections.
- Develop skills that help you choose the right food to eat for your body that maintains optimal wellness.

Accreditation

As each of these workshops are part of an international community program that is taught by a Registered Touch for Health School Instructor, a certificate of competency may be awarded to participants following a knowledge assessment.

The Australian Kinesiology Association and the Australian Institute of Kinesiologists approve and gives each workshop a 3 hours Category C accreditation. Natural healthcare practitioners who are members of ATMS may also be able to use these hours as part of their Continuing Professional Education (CPE) requirements.

Fees

Kinesiology for Kids	\$180
Perceptive Vision	\$180
Eat Right Live Right	\$180

A workshop manual and certificate are included in the fee of each workshop.

Enrolment

To enrol, please complete the enrolment form and email it to info@holisticwellnesscentre.com.au

Payment for the workshops at the time of enrolment will be required to confirm a place. Payment can be made by cash, EFT, Visa, Mastercard or eftpos at the time of enrolment.

Terms and conditions of enrolment

Please note that the Holistic Wellness Centre reserves the right to cancel any course or workshop when the number of enrolments does not reach the minimum requirement. The Holistic Wellness Centre also has the right to change the dates, times, fees and content of the courses or workshops at any time. When a course or workshop has been cancelled by the Holistic Wellness Centre, your deposit and any fees paid in advance for the cancelled course or workshop will be refunded in full.

Please note that deposits and payments for individual workshops are non refundable. A credit to the value of the payment received (less an administration fee of \$50 for each workshop discontinued) may be applied to other workshops or services provided by the Holistic Wellness Centre.

Upon enrolment of the workshops, it is expected that you are able to complete each workshop following the schedule at the time of enrolment. If you are not able to complete the workshop, you may apply the credit of any unused portion of the monies paid less the administration fee of \$50 to other workshops or services at the Holistic Wellness Centre.



HOLISTIC WELLNESS CENTRE

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ENROLMENT FORM

Last name:	
First name:	
Address:	
City:	State:
Postcode:	Country:
Phone:	Mobile:
Email:	

Name of Course	√ Fee	Total
Touch For Health Synthesis (TFH 1 – 4)	\$1880	
Touch for Health individual module - TFH 1	\$560	
Touch for Health individual module – TFH 2,3,4	\$480 each	
Kinesiology for Kids workshop	\$180	
Eat Right Live Right workshop	\$180	
Crystal Sound workshop	\$280	
Heal & Transform Energy workshop	\$280 each	
Combined Energy Transformation workshop	\$480	
Total fees		

Payment can be made by cash, EFT, Visa, Mastercard or eftpos at time of enrolment. Touch for Health Synthesis deposit (\$500) must be paid at time of enrolment with the balance (\$1380) to be paid on the first day of the course or workshop. Please refer to course outline for terms and conditions.

All TFH individual modules and workshops must be paid in full at time of enrolment. Please note that deposits and payments for individual workshops or modules are not refundable. A credit (less an administration fee of \$50/workshop) may be applied to other workshops or services provided by the Holistic Wellness Centre.

Signed: _____ Date: _____
Name: