



Holistic Wellness Centre

Crystal Sound Workshop

This workshop is a beautiful way to learn about and experience the crystal singing bowls. In this workshop, you also learn how to create your own wellness through vibrational healing energies.

- Learn about the crystal singing bowls
- Learn how to play the crystal singing bowls
- Learn how the unique sounds of the crystal bowls can balance your energy through resonance
- Understand how the tones of crystal bowls can balance the energy and create wellness in your space
- Learn how the resonance of crystal tones balance your chakras and energy field
- Experience the amazing healing tones in a sound bath

All materials for the workshop will be provided.

Enrolment

To enrol, please contact info@holisticwellnesscentre.com.au