



Holistic Wellness Centre

Energy Transformation Workshops

These workshops provide practical ways to understand subtle energy systems, and how to work with it to heal and transform all aspects of your life. Offered as individual workshops or combined workshops.

Heal & Transform Energy in Relationships

This workshop will guide you to a better understanding of the subtle energies that affect your daily life and your relationships. You will learn ways to heal and transform relationships with others and in the process, transform your own energy. This workshop aims to give you simple techniques to clear past energetic ties and to create new energetic connections that heal and transform.

Space Balancing

This workshop is about transforming the energetic space that affects the harmony in your home or workspace. We spend a lot of time working or resting in a space and imbalanced energy could affect your energy levels. Space Balancing is the use of subtle energy clearing techniques to heal and transform the energy of your home or business.

You will learn to:

- Understand and balance subtle energetic systems
- Use practical hands on healing energy to balance chakras and soul bodies
- Clear negative energy and transform energy fields using simple ancient healing symbols and different tools such as crystal energy
- Release old energy patterns and transform energy for yourself and your relationships
- Clear and transform energy in your home and work spaces by working with ley lines
- Develop an awareness of karma and the energy of spiritual time and space
- Understand and use the tools that the Universe supports us with – spirit guides, pendulums, crystals and others
- Create, heal and manifest through powerful visualisations

Enrolment

To enrol, please contact info@holisticwellnesscentre.com.au